



## BREAKOUT LIST 2023

*Choose one of the two breakouts listed each session:*

### **Breakout 1 | Wednesday, February 8 | 11:30-12:30pm CST**

#### **Option A**

**Title:** Keys to Transformational Self-Leadership

**Speaker:** Mercedes Hayes

**Category:** Leadership | Focus: Skills and Practices

It is a common truth that as a leader, you can't lead others well without first leading yourself well. Children's ministry can be busy and at times overwhelming and the ability to lead one's self well is critical. In this breakout, grow in your competency in 3 key areas of self-leadership: time-management, decision making, and project management. Leave with practical next steps to begin transforming your leadership in these areas.

*INCM Training Team Selection Tip:* This session offers very practical insight for the new, developing, or seasoned leader who is seeking to grow in their efficiency. This breakout would also be especially helpful for anyone serving in an administrative role in children's ministry.

#### **Option B**

**Title:** Stopping the Pendulum of Anxiety in Leadership

**Speaker:** Melissa Hendrickson

**Category:** Leadership | Focus: Healthy Rhythms and Practices/Soul Care

Do you struggle to gain momentum in a certain area of your leadership and aren't sure why? You might be swinging back and forth from apathy to anxiety. What would it take for you to pause and attend to the details in your life and leadership that you have been ignoring, or the details that have been spinning in your head for months with no resolution? Come and learn how to stop the pendulum and allow the Holy Spirit to help you move forward with His help.

*INCM Training Team Selection Tip:* This breakout offers multiple opportunities for self reflection. If selecting this session, we recommend making sure you have space and materials to write things down.



## **Breakout 2 | Wednesday, February 8 | 1:15-2:15pm CST**

### **Option A**

**Title: Volunteer Appreciation 101: Innovative Ideas for Loving Volunteers**

**Speaker:** Jessica Bealer

**Category:** Volunteers | Focus: Volunteer Appreciation

As a Children's Ministry leader you have the privilege of recruiting, training, and appreciating your volunteer team(s). Retaining great teams that serve kids is the ultimate "win" and we know that volunteer appreciation is imperative for longevity of service. In this breakout, we will discuss practical ways to personalize and systemize your volunteer appreciation strategy.

*INCM Training Team Selection Tip:* This breakout offers lots of fresh ideas and will benefit leaders who are just starting out or have many years of experience. This session would be helpful for leaders who want to grow in their capacity to lead and love their volunteers.

### **Option B**

**Title: Back to the Basics: Skills for Every Teacher**

**Speaker:** Jeremy Spicer

**Category:** Discipleship | Focus: Practical Strategy

Whether you lead large groups or small groups, teach preschoolers or tweens, getting back to the basics is key! In this breakout, we will get back to the basics and look at practical skills every teacher should be able to put into practice. We will discuss the "do's" and "don'ts" of lesson preparation, delivery techniques, timing, movement, and flow.

*INCM Training Selection Tip:* This breakout is a great refresher for the experienced leader and presents a helpful framework for newer or developing leaders.

## **Breakout 3 | Thursday, February 9 | 11:30-12:30pm CST**

### **Option A**

**Title: What Kids Wish You Knew About Kids**

**Speaker:** Melissa J. MacDonald

**Category:** Discipleship | Focus: Child Development

Have you ever wondered what kids are asking God for, wondered what they really believe to be true about God, or wondered what they're actually thinking? Come take a peek inside the mind of a kid. Using handwritten notes that kids have written to God, interviews, real-life examples, and stories that will leave you wanting more, this breakout will inspire you and help give you a framework for tailoring the discipleship of the kids in your ministry. Walk away knowing what kids wish you knew about kids.



*INCM Training Team Selection Tip:* This session offers helpful, realistic insights into the minds of children and would be a great choice for teams experiencing CPC+ together.

#### **Option B**

**Title:** How to Help Hurting Kids

**Speaker:** Brianna Edwards

**Category:** Discipleship | Focus: Trauma Competency

A little boy is shut down, unresponsive in the corner. A little girl is violent and raging. Another clings to her mom at drop-off. You feel anxious because you don't know what to do. Sound familiar? In this breakout, learn relevant information and practical tools to empower you in ministering to a rapidly growing population of kids with trauma history and mental health issues.

*INCM Training Team Selection Tip:* This session would be very helpful for leaders needing to be strengthened in their knowledge of trauma competency.

#### **Breakout 4 | Thursday, February 9 | 1:15-2:15pm CST**

**Title:** Incorporating the Culture of Jesus in Children's Ministry

**Speaker:** Petra Scott

**Category:** Discipleship/Outreach | Focus: Spiritual Formation/Cultural Competency

The desire to understand the ways current culture influences how we lead children's ministry has intensified in recent times. This is particularly the case as it relates to the topics of Kingdom unity, diversity, and racial reconciliation. What if the best way to gain confidence and clarity in this is to place emphasis on the culture of the Kingdom we are part of and the King we serve? What could it look like for us to allow Jesus' culture as a Jewish man to totally influence how we approach discipleship of children? In part 1 of this 2 part breakout, you will explore the connections between the culture and humanity of Jesus and the discussion of unity, diversity, and reconciliation. Leave this session with a refreshing perspective of the "culture" conversation and how it informs our ministry to children.

*INCM Training Team Selection Tip:* This breakout would be helpful for leaders and teams who are participating in CPC+ together. This session is part one of a two-part series. For those who are interested in hearing part two, we are providing a link for you to download the audio.

**Title:** Theological Guideposts That Help Lead Children to Christ in Today's Culture

**Speaker:** Christie Penner Worden

**Category:** Discipleship | Focus: Spiritual Formation

We want every child to enter the Kingdom and walk in discipleship, and we know that following Jesus is a transformational experience, not simply a transactional moment. How do we meet kids where they are in today's culture? How do we equip parents to do this in a way that's theologically sound? In this breakout, let's learn to partner with parents to invite today's kids to



choose to follow Jesus and live out God's plan for their lives through engaging conversations that meet kids at their level and on their terms.

*INCM Training Team Selection Tip:* This session offers concepts that can be useful for both children's ministry leaders and parents. This breakout would be helpful for teams participating in CPC+ together as it presents provocative viewpoints that are ripe for rich discussion.